

Reduce Stress of Final Exams!

Come pet a therapy dog!



Tuesday, December 14



**Student Center Upper
Lounge**



11:00 a.m. - 1:30 p.m.

Research suggests that petting a dog can have a very calming effect, actually lowering a person's heart rate, decreasing blood pressure, and relaxing tense muscles.

Perfect for times before and after final exams!